

HIGHGATE HOLISTIC CLINIC

HEALTH AND SAFETY MEASURES

Dear Customers

In order to comply to the government’s new health and safety guidelines based on the COVID-19 situation, please note:

* Face masks and gloves must be worn at all times during your presence at the clinic
* Please do not use the toilets unless emergency. Plan to use the bathroom before and after visiting the clinic
* We are unable to offer water or refreshments at the time being, please bring your own
* Please use hand sanitiser before entering the premises
* Upon entering the premises please use the provided hand sanitiser at reception AND before and after entering your treatment room
* Reception area is currently closed. Please wait outside (at a 2m distance from other customers) for your therapist who will come and meet you at your given appointment time
* Door handles to be held ONLY by staff members using disposable tissues only
* We are unable to share pens or any other item during those times. Please use your own
* Please keep 2m distance between you and anybody else present AT ALL TIMES
* **Only 2 people only are allowed** at any time in every room (including the receptionist and your therapist)
* DO NOT enter the premises if you have any symptoms related to COVID-19. Your therapist will ask you to sign a disclaimer before offering treatment.

**THANK YOU FOR YOUR KIND COOPERATION AND FOR HELPING US TO KEEP EVERYONE SAFE**